

Now is a great time to get healthier and receive a **\$300** medical plan deductible reduction!

Mississippi's State and School Employees' Health Insurance Plan



New Wellness Incentive Program

Get started in three easy steps

Step 1: Register on the web or with our app.



On the web: Go to www.MyActiveHealth.com/mississippi and click on the link "Create an Account."

With our app: Search for "ActiveHealth" in your app store. Then download the ActiveHealth app on your smartphone or tablet. When you open the app, click on the "Register" button. Register by October 31, 2022.

Step 2: After logging in to the website or app, complete the health assessment. To qualify for the incentive, the completion date must occur between January and October 31, 2022.

Step 3: Schedule and complete a compliant wellness visit with an in-network provider. Date of exam must occur in 2021 through October 31, 2022.



Active employees enrolled in the medical plan who complete all 3 activities will receive a **\$300 medical plan deductible reduction for the 2023** plan year.

Track your progress on the Reward Center page in the ActiveHealth app and website.

Get started with the **ActiveHealth app** or online at www.MyActiveHealth.com/mississippi

Questions? We're here to help. 1-866-939-4721, Monday – Friday 8 AM to 8 PM CT.



Wellness programs are sponsored by Mississippi's State and School Employees' Health Insurance Plan's health initiative, Motivating Mississippi-Keys to Living Healthy and administered by ActiveHealth Management, the Plan's wellness vendor. © 2022 ActiveHealth Management, Inc.

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